

BMD: Bone Mineral Densitometry Preparation

- Calcium and iron pills should NOT be taken on the day of the examination. Undigested pills can interfere with the scan, resulting in rebooking the examination.
- There can be no metal overlying the area of the BMD scanning. Avoid wearing metal buttons, zippers or belt buckles over the mid abdomen. Belly button rings should be removed. A gown will be provided if necessary.