

## **Barium Swallow Preparation**

The presence of food within the esophagus or stomach may mask or be confused with abnormalities. Preparation for a barium swallow examination is aimed at clearing these areas of food. Preparation is as follows:

- Nothing to eat or drink after midnight prior to the examination.
- No breakfast on the morning of the examination
- Patients with afternoon appointments may have 1 slice of dry toast and one cup of clear liquid before (not later than) 8:00 am on the morning of the examination.