

Abdominal / Limited Pelvic Ultrasound Preparation

Morning appointments:

- Nothing to eat or drink after midnight prior to the examination.
- You may take medications with sips of water

Afternoon appointments:

- 1 slice of dry toast and one cup of clear fluid, before, not later than 8:00 am on the morning of the examination
- You may take medications with sips of water

Food increases the amount of gas in the bowel and causes the gallbladder to contract (shrink), making it difficult to obtain diagnostic images of the upper abdomen.

Failure to comply with the above preparation instructions may result in the examination possibly having to be rescheduled.