

Upper GI Series Preparation

The presence of food in the stomach may mask or be confused with abnormalities. Preparation for the Upper GI Series is aimed at clearing the stomach of food.

- Nothing to eat or drink after midnight prior to the examination (small amounts of water may be taken with medication)
- No breakfast on the morning of the examination
- Patients with afternoon appointments may have 1 slice of dry toast and one cup of clear liquid, before (not later than) 8:00 am on the morning of the examination